Books by Robert Muller

2000 Ideas & Dreams for a Better World
A Planet of Hope
Decide to
Dialogues of Hope
Essays On Education, A Vision for Educators
First Lady of the World
Most of All, They Taught Me Happiness
My Testament to the UN
New Genesis, Shaping a Global Spirituality
The Desire to Be Human, International Essays on Pierre Teilhard de Chardin
What War Taught Me About Peace
Good Humor, World Joke Book
The World Core Curriculum in the Robert Muller School
Safe Passage into the 21st Century
Framework for the Preparation and Celebration of the Year 2000, the 21st Century and 3rd Millennium
The Birth of a Global Civilization

German, French, Spanish, Portuguese, Polish, Japanese, and Dutch titles are also available

English and French titles can be ordered from the United Nations Bookstore, phone: 800.553.3210

2000 Ideas & Dreams for a Better World can be ordered from MEDIA 21, phone: 805.968.8567 or email: Barbara@rain.org

Robert's Websites

Decide to Poems and individual Decide to greeting cards can be ordered from

Adventure Trail Publishing
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Robert Muller is a deeply spiritual person. From his vantage point of a top level global states-person he has seen a strong connection between spirituality and the political and cultural scene.

Robert Muller created a *World Core Curriculum* and is known throughout the world as the “father of global education.” There are 34 Robert Muller schools around the world with more being established each year. The *World Core Curriculum* earned him the UNESCO Peace Education Prize in 1989. Based on this curriculum and his devotion to good causes, Dr. Muller has recently drawn up a *Framework for World Media Coverage* as a public service, as well as a *Framework for Planetary and Cosmic Consciousness* and a *Framework for the Arts and Culture*.

Now in active “retirement,” Dr. Muller is Chancellor of the University for Peace created by the United Nations in demilitarized Costa Rica. He is in great demand to make speeches to educational, environmental, spiritual and political conferences around the world. Dr. Muller concentrates his efforts on promoting greater human understanding and global awareness. He was recently the recipient of the Albert Schweitzer International Prize for the Humanities and the Eleanor Roosevelt Man of Vision Award.

Robert Muller lives most of the year at his small farm overlooking the University of Peace, on a sacred indigenous hill, Mt. Rasur, from which according to indigenous prophecy, a civilization of peace will extend to the entire world. His traditional Costa Rican house is located just up the hill from the Peace Monument of the University. In addition to his duties at the University, he devotes time to his writings and is an internationally acclaimed, multi-lingual speaker and author of fourteen books published in various languages. He has published his *My Testament to the UN* as well as his plans and dreams for a peaceful, happy world.

At the prompting of many of his friends, admirers and non-governmental organizations Robert Muller was a candidate as a global citizen in 1996 for the post of Secretary General of the United Nations.
Robert Muller

Born in Belgium in 1923 and raised in the Alsace-Lorraine region in France, Robert Muller experienced constant political and cultural turmoil during his youth. His grandparents had five successive nationalities (French, German, French, German, French) without leaving their village as a result of three wars (1870-1871, 1914-1918, 1939-1945).

Often as a child, Robert Muller would look out of his window at the border he could not cross and long for the day when he, like the birds, the clouds, the sun and the stars, would no longer have to observe the imaginary line. Today, thanks to the dream and effort of his compatriot Robert Schuman who similarly hated these borders, Robert Muller’s passport reads, “European Union” with the sub-title France, and he is free to cross all western European borders.

Robert Muller knew the horrors of World War II, of being a refugee, of Nazi occupation and imprisonment. During the war he was a member of the French Resistance. After the war he returned home and earned a Doctorate of Law from the University of Strasbourg. In 1948 he entered and won an essay contest on how to govern the world, the prize of which was an internship at the newly created United Nations.

Dr. Muller devoted the next 40 years of his life behind the scenes at the United Nations focusing his energies on world peace. He rose through the ranks at the UN to the official position of Assistant-Secretary-General. He has been called the “Philosopher” and “Prophet of Hope” of the United Nations.

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I dream
That the few remaining years
To the Bimillennium
Be devoted by all humans,
nations and institutions
To unparalled thinking, action,
Inspiration, elevations,
Determination and love
To solve our remaining problems
And to achieve
A peaceful, united human family on Earth

I dream
That the year 2000
Will be declared world year of
Thanksgiving
By the United Nations

I dream
That the third millennium
Will be declared
And made
Humanity’s First Millennium of Peace
My Dream 2000

I dream
That on 1 January 2000
The whole world will stand still
In prayer, awe and gratitude
For our beautiful, heavenly Earth
And for the miracle of human life

I dream
That young and old, rich and poor,
Black and white,
People from North and South,
From East and West,
From all beliefs and cultures
Will join their hands, minds and hearts
In an unprecedented, universal
Bimillennium Celebration of Life

I dream
That during the year 2000
Innumerable celebrations and events
Will take place all over the globe
To gauge the long road covered by humanity
To study our mistakes
And to plan the feats
Still to be accomplished
For the full flowering of the human race
In peace, justice and happiness

Decide to be happy

Render others happy
Proclaim your joy
Love passionately your miraculous life

Do not listen to promises
Do not wait for a better world
Be grateful for every moment of life

Switch on and keep on
the positive buttons in yourself,
those marked optimism, serenity,
confidence, positive thinking,
love

Pray and thank God every day
Meditate - Smile - Laugh
Whistle - Sing - Dance

Look with fascination at everything
Fill your lungs and heart with liberty
Be yourself fully and immensely
Act like a king or queen unto Death

Feel God in your body, mind,
heart, and soul
And be convinced of eternal life
and resurrection
Decide to be healthy

Pray to God every day for good health
Take health as your sacred, God given duty
Make no room whatsoever for the slightest
thought of sickness
Never

Encourage your trillions of faithful
little cells through joy,
happiness and confidence
Thank them, talk to them, sing to them

Let no foul air, food and liquids poison you
Let no anger, anxiety or bitterness enter you

Wake up every morning with gratitude for
your resurrection
And repeat ten times
I am the happiest and
healthiest person on earth
Repeat it again before your sleep

Close your eyes on the thoughts of God,
good health and happiness
And thank your God in heaven
Who has given us a body never to be sick
A mind never to be dull
A consciousness never to be empty
And a spirit full of
the heavens and of the Earth

Decide to dream

Decide to dream
Decide to widely open the gates
of your wonderful mind,
heart and soul

Let flow in the dreams of God,
of the angels, saints, prophets and sages

Give birth and let out into the world
The dreams of your own unique,
unrepeatable
cosmic being

If not born for any other purpose
be born to dream
to love
be born to fashion a better world

Dreams and dreamers never die
From heaven you will see your dreams
come true
You will reincarnate,
inspire and energize the new dreamers

The dreams of our beautiful Planet of Dreams
will never die
until we become the Paradise
we were always meant to be
and are about to now joyfully become
Decide to be a global citizen

A good inhabitant of planet Earth
A member of the great human family
Pray, think, act, feel and love globally
And you will aggrandize yourself
  to the outer limits of being
Know this planet
Love this planet
Care for this planet
For you come from Mother Earth
And you will return to Mother Earth
You are made of her elements
You are the Earth,
  become conscious of herself
You are her eyes, her ears, her voice,
  her mind and her heart
Save your Mother Earth
  from her matricidal children
  who destroy her
  who divide her
  who spike her with nuclear arms
  who hold their territories to be
  greater than the globe
  and their groups greater than humanity
Unite, global citizens,
  to save and heal planet Earth
And to make our Mother bloom again
As the most beautiful
  planet in the universe

Decide to be peaceful

Render others peaceful
Be a model of peace
Irradiate your peace
Love passionately the peace
  of our beautiful planet
Do not listen to the warmongers,
  hate seeders and powerseekers
Dream always of a peaceful world
Work always for a peaceful world
Switch on and keep on, in yourself
  the positive buttons,
  those marked love,
  serenity, happiness, truth,
  kindness, friendliness,
  understanding and tolerance

Pray and thank God every day for peace
Pray for the United Nations
  and all peacemakers
Pray for the leaders of nations
  who hold the peace of the world
  in their hands
Pray God to let our planet at long last
  become the Planet of Peace

And sing in unison with all humanity:

“Let there be peace on earth
  and let it begin with me”
Decide to be a spiritual person

Render others spiritual
Irradiate your spirituality
Treat every moment of your life
with divine respect
Love passionately your God given miraculous life
Be endlessly astonished at
your brief, breathtaking
consciousness of the universe
Thank God every moment
for the tremendous gift of life
Lift your heart to the heavens always
Be a cosmic, divine being,
an integral conscious part of the universe
Contemplate with wonder
the miraculous Creation all around you
Fill your body, mind, heart and soul
with divine trepidation
Know that you are coming from somewhere
and that you are going somewhere
in the universal stream of time
Be always open to the entire universe
Know yourself and the heavens and the Earth
Act spiritually
Think spiritually
Love spiritually
Treat every person and living being
with humaneness and divine respect
Pray, meditate, practice the art of spiritual living
And be convinced of eternal life and resurrection

Decide to be married

by Barbara Gaughen-Muller

Decide to be married
To become one heart, one body, one mind and one soul
To share your joy
To live life as an art
And to make every moment precious
Whether together or apart
Remember as a couple
You are now more than one
To create harmony and perfect love
that will last through eternity
even after this life is done
Remember also there is a power
In this union of two
 to protect this planet
And humanity too
As a couple you can do it
It’s in the deciding
To be united in love
To express your joyful oneness
To every person you meet, and
In every action you take
And together a perfect marriage you’ll make
So quit wasting time
    and thinking you can't
    and don't blame anyone
who says you can't

It's your choice now to decide to be . . .
    like Robert Muller
    his example is there for you and for me
    and then you'll know
    why the little baby you once were
    was allowed to grow

It's not your age,
    your income or your being
It's just you
    so keep on dreaming
The coincidences will happen
    so quickly you'll know
    that Robert Muller was right . . .

First you dream, then watch it grow
That's it!
So simple and pure
It's God's way to say,
"I love you for sure"

Decide to be thankful

Render others thankful
Start every day with overflowing
    thanks to God
Be thankful for every moment
    of your life
Never complain, never be bitter
    or ungrateful
Switch on and keep on in you
    the grateful buttons
    those marked, thanks, joy, love,
    happiness, kindness, generosity
Make your entire being and life
    a feast of thanksgiving
Rejoice immensely and jubilantly
    at the prodigy of life
Be the miracle God intended you to be
Thank God for your wonderful body,
    mind, heart and soul
Thank God for our beautiful planet
    for the stars and the sky
    the mountains and the seas
our human brethren and sisters
our friends the animals
our sisters the plants and flowers
Thank God for the seasons of your life
Repay God with your best deeds,
    thoughts, feelings and prayers
And be convinced of your divine,
    eternal, cosmic nature
Decide to forgive

For resentment is negative
Resentment is poisonous
Resentment diminishes
and devours the self

Be the first to forgive
To smile and take the first step
And you will see happiness bloom
On the face of your human
brother or sister

Be always the first
Do not wait for others to forgive

For by forgiving
You become the master of fate
The fashioner of life
A doer of miracles

To forgive is the highest
most beautiful form of love

In return you will receive
untold peace and happiness

You too can write Decide to poems for a better world.

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Decide to be . . .
like Robert Muller

by Barbara Gaughen - Muller

Every decision made on this planet
in your life and mine
was first a thought
in someone's mind
But in worldly matters there is one more link
Robert Muller is the missing link
The father of Decide to be . . . all you can be
in this time and space
Decide to . . . let go of your doubts
in your life they have no place

Just decide to be . . .
every dream you ever dreamt
create a Bench of Dreams
and your wish shall be sent
straight to God, Buddha or a tree
You see God is everywhere
inside you and me
Decide to open yourself

To God
To the Universe
To humanity
To all your brethren and sisters
To your inner self

Open your mind
Open your heart
Open your soul
Open all your being and senses

To the greatness of Creation
To the beauty of our Earth
To the potential of the human race
To the infinity of your inner self

And you will become the Universe
You will become Creation
You will become the Earth
You will become humanity
You will become infinity

And you will be at long last
your real,
divine,
stupendous self
Decide to laugh

Make others laugh
Irradiate your good humor and happiness
Coalesce with other happy people
Look at the world with a wondrous smile
Let the miracle of life upwell in a happy face
Grow and keep a twinkle in your eyes
Laugh, sing, whistle and dance
Wake up in the morning with a song
in your heart
Go to sleep with a happy thought
on your mind
Enliven any company with your cheerfulness
Deflate tensions, depressions and bitterness
with good humor
Be known as a happy, likeable, joyful person

Tell jokes
Read jokes
Write down jokes
Learn jokes by heart
Look out for good humor everywhere
For it is infinitely better for people and nations
to laugh together
than to fight each other
And at the hour of your death be able to say:

Life has been great fun
Thank you, O God, for your beautiful,
immensely enjoyable gift

Decide to lookout

For any sign of God
For any occasion to do good

Let the divine flower in you
think from morning to evening
What else you can do for the good
of the world
Turn every stone you can
To look for a hidden opportunity
to do good
Put many irons in the fire
Be convinced that God is watching you,
loving you
and helping you
God will send endless opportunities
to do God’s will

And open your eyes, mind and heart
to the astonishing miracles of life
to the beauty surrounding you
to the uniqueness of your being
to the wonders you can achieve
And your life, centered on its inborn
divinity
Will become what it was always
meant to be:
a cosmic masterpiece
a jewel in the universe
a shining proof of God
Decide to be cheerful

Render others cheerful
Praise the whole Creation
with your cheers
Be a rock against sadness,
pessimism and hopelessness
Switch on and keep on in yourself
the cheerful buttons,
those marked joy, laughter,
happiness, love,
passion for life,
gratitude for life
Whistle, sing and smile at life
Feel like a God or Goddess
Feel like dancing
See the bright glory of God
everywhere and in everyone
Say yes to life, immensely,
cheerfully, ecstatically,
enthusiastically
Be convinced of the prodigy,
sacredness, sanctity and
divinity of life
Bring your precious contribution
to the happiness and
ascent of humankind
And believe in the immortality
and everlasting effects
of your goodness

 Decide to ask

Your entire being for divine fulfillment
Your body for wonderful health
Your mind for great ideas
Your heart for much love
Your soul for the meaning of life
God for guidance and enlightenment
Your government for peace and justice
Your neighbors for friendliness
Your colleagues and friends for kindness
Your family for love and happiness
The Earth for all its boundless beauty
The skies, sun and stars for all their brilliance
Humanity for hope and cooperation
The universe for utmost consciousness
Eternity for resurrection
For by asking you shall see more clearly
And by asking you shall receive
Decide to network

Use every letter you write
Every conversation you have
Every meeting you attend
To express your fundamental beliefs and dreams
Affirm to others the vision of the world you want

Network through thought
Network through action
Network through love
Network through the spirit

You are the center of a network
You are the center of the world
You are a free, immensely powerful source of life and goodness

Affirm it
Spread it
Radiate it
Think day and night about it

And you will see a miracle happen:
the Greatness of your own life
In a world of big powers, media, and monopolies
But of six billion individuals

Networking is the new freedom
the new democracy
A new form of happiness

Decide never to be negative

Replace negative thoughts and feelings
In your mind and heart
By happy, excellent, positive ones
Eradicate negativism on all internal and external fronts

Deny negativism
Avoid the pessimists
Do not bang your head against the walls
Climb them, fly over them, circumvent them
Always radiate positive currents of light, goodness, love, kindness, hope and determination

Since life is the antidote of death
Affirm life and ignore death

Affirm your life even after death
Through the lasting effect on human ascent
Of your good deeds
Of your good thoughts
And of your overpowering love
Decide to be the good news

Let the good news be
incarnated in you

Proclaim your belief
In humanity
In our success
In our further transcendence
In our peace, justice
and happiness
In the construction of the
Planet of God

Think of it
Feel for it
Speak of it
Work for it

For all we think, all we feel,
all we say and all we do

Must not hinder but help
The great design of God

Our Cosmic destiny
Our further ascent and evolution
Towards the permanent reign of

God on our miraculous planet

Decide to do at least
one good action a day

If not several
Or innumerable ones
Talk to God every morning
And ask God:
“What good can I do today?”
God will answer you and guide you
for God is with you
And you will have given God life
by asking God

God can not be manifest
Without being asked

God speaks to you through your soul
Which is the true guide of your life
Ask God, talk to God, dialogue with God
And you will be the source of many miracles
You will produce them all around you

Do at least one good action a day
Until the very end of your life
Just think what a huge amount of good
That will represent!

And if all six billion people on Earth
Do one good action a day
What a Planet it will be!
**Decide to be human**

To be a world citizen  
A global being  
A member of the human family  
To place humanity before anything else

To love your human brethren and sisters  
As your own family

Never to kill,  
not even in the name of a nation  
Never to exercise physical  
or verbal violence

To know, love and respect your beautiful  
planetary home  
To live in it as a grateful, joyful guest  
To contribute to humanity your peace,  
kindness and  
happiness

To help the further ascent of the human race  
To cherish its endless, beautiful diversity  
To educate your children as world citizens  
and children of God

And to leave behind you the remembrance  
Of a good, kind, loving human being

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**Decide to be blessed**

To spread your blessings all around you  
That everything you touch  
or do will be a blessing  
That every person you meet will be blessed  
with your joy  
with your knowledge  
with your kindness  
with your enthusiasm  
with your greatness

Be a daily blessing for the universe  
and eternity  
for humanity  
and our planet

Open yourself widely to the blessings  
of God  
Be an instrument, a multiplier  
of God's blessings  
From morning to evening,  
in the smallest event  
See an opportunity to do a miracle  
To be a blessing

Walk through life as a Blessed Person  
and a Miracle Maker