

ROBERT'S
GOLDEN SAYINGS

Volume 1

Robert Muller

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For more information about *Robert's Golden Sayings*
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Foreword

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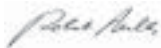
During my many years of service at the United Nations I had a great admiration for Secretary General Dag Hammarskjöld and even a greater one when his *Markings* were published. He did what all heads of government, of great institutions, of corporations should do: keep a personal journal with comments, queries, ideas, dreams, sayings and ideals which may enrich, enlighten the further evolution and progress of humankind on our paradise Earth.

In 1983, being on a sacred mountain in India, Mt. Abu, I started to write my sayings. I had already written my earlier testimonies to life in my books: *Most of All, They Taught Me Happiness, What War Taught Me About Peace, New Genesis: Shaping a Global Spirituality* and my *Testament to the United Nations*.

I decided to leave behind to humanity my sayings too, written during my advanced years of life. They might perhaps be of some value to my human brothers and sisters, especially to youth, to my children and

grandchildren who might be dreaming, planning and working for an ideal humanity on our miraculous, beautiful planet. God willing, perhaps these reflections of a world servant might help to perfect at long last Paradise Earth, inhabited by a peaceful, loving, genial humanity.

May a volume of these golden sayings be placed into my coffin, together with my harmonica, so that I can try to convince God, the saints and the angels to help us fulfill at long last our highest, most desired, mind-boggling dreams of a united, happy, peaceful human family on divine Paradise Earth.



Paradise Earth

Paradise Earth is our absolute priority and objective for the 21st century and the third millennium.

- No dream is too big -

See Paradise Earth with global eyes
Love Paradise Earth with a global heart
Understand Paradise Earth with a global mind
Merge with Paradise Earth and
the heavens with a global soul

Barbara Gaughen Muller and Dr. Robert Muller
A Cosmic Couple of Paradise Earth

Robert's Golden Sayings

War is a sin.

War is the highest degree of immorality.

War is inhuman insanity

for it kills sacred human lives wholesale.

How can there still be any war on our miraculous planet?

*

Now that there is a universal United Nations with rules of conflict resolution, there is no longer any just war.

*

Not to work for a peaceful world is a sin.

*

Love for peace is not enough. Beyond it we need a *vision* of peace, a *science* of peace, a *strategy* for peace and innumerable *actions* for peace.

*

This time we can and must succeed. Peace progresses too slowly. We must make it progress much faster.

*

We need peace to concentrate on the happiness and fulfillment of people. Wars, armaments and conflicts make us lose much precious time and resources.

*

Even if they are not used, armaments kill: they kill little children who could have been saved if resources

spent on arms had been available for their nourishment, care and education.

*

O nations, you don't want to nationalize your natural resources, but you have one hundred percent nationalized your people.

*

You will never be really happy if you don't understand that producers and merchants must constantly create new unhappiness in order to sell more goods and new goods to you.

*

Happiness is an art. It must be practiced. It is like writing: write anything, just for the exercise of it, and you will become a writer. Practice any form of happiness, just for the sake of it, and you will become a happy person.

*

We must believe in evolution which is the key and way to humanity's success.

*

We must walk with utmost care on our beautiful planet, the result of such a long, miraculous, cosmic journey. We must love this marvelous jewel in the universe with all our mind, heart and soul and make it a Paradise.

*

A loving smile is the cheapest and most rewarding gift on Earth.

*

We are all passengers on the same planet sailing towards eternity on the vast ocean of the universe.

*

The question can no longer be that of the power of a certain country or the assertion of a certain belief, mode of life or ideology. Such approach would be criminal towards our planet and its human family. The problem is essentially that of the fate of the total human race on a given planet. This new global paradigm must be accepted by all groups, if we want to survive.

*

Paraphrasing something which Arnold Toynbee said: When the history of the twentieth century comes to be written, a hundred years or a thousand years from now, it will not be the wars, or the technology, or the flutter between the communist and the free market economies that will really interest historians. What will compel their focus of attention will be what happened when humanity for the first time in history tried to find its destiny in the United Nations.

*

Over the years I have come to believe that some day the UN system will be recognized as one of the most astonishing meta-organs ever produced by any species

on this planet. It is indeed an evolutionary event of the first importance.

*

From a letter received from Stephane Hessel, the French Ambassador to the UN in Geneva:

“Even the disparate character of the philosophical reflections is after all an encouraging sign: between Levi-Strauss and Teilhard de Chardin “— the sight that jells and analyzes and that which follows or precedes the movement and the take-off, the tension (or dialectic) is at least proof that those who predict the end of the human adventure are far from their count. They are men of little faith.”

“How right you are to underline above all what is new, incomparable, unprecedented and rare in the UN system which is a forum for the interplay and adaptation of more cultures and energy than humans as living species have ever tried to combine.”

*

Do not let your enthusiasm and life abilities be diminished by false humility:

Yes, I am proud of myself,

Yes, I am happy with my gifts and capacities,

Yes, I sometimes feel like a God,

Yes, I exult with joy and happiness,

Yes, I am happy to inspire others,

Yes, I believe that I can aggrandize myself to untold limits,

Yes, for me life is an incredible miracle.

*

If you love life, you will care for life

If you love yourself, you will care for yourself

If you love your family, you will care for your family

If you love humanity, you will care for humanity

If you love the world, you will care for the world

If you love God, you will care for God.

So, everywhere you look, you will find love as the key to caring. And life without caring is tantamount to death.

The reverse is equally true:

If you do not love life, you will not care for life.

If you do not love yourself, you will not care of yourself.

etc.

*

Whenever I have found beauty in life, there was a great act of love at the origin.

*

Give everything in you and around you a supernatural, divine, sacred, miraculous character, and you will know untold happiness and pride.

*

The age of reason is not sufficient for human fulfillment. We must now enter the age of love: love

for ourselves, for humanity, for our planet, for our wondrous universe and for its mysterious Master.

*

Wherever you are, whatever you do, if you love the world you will serve the world.

*

It remains for humanity to develop multiple, non-conflicting, harmonious allegiances and devotion to:

our self
our family
humanity
our planet
the universe
eternity
and God.

*

Be a good gardener of your life: have a green, colorful life thumb.

*

It is strange that so very few humans are interested in the most stupendous, most miraculous, most unique, most fascinating subject on Earth: their own human being. Try to understand your physical, mental, sentimental, spiritual and total life, and you will be astonished beyond belief.

*

The Earth is a macrocosm of each individual and each individual is a microcosm of the Earth. Humanity is the macrocosm of each individual and each individual is a microcosm of humanity.

*

Use the freest goods for happiness:
the stars cost nothing
nature costs nothing
your inner life costs nothing
God costs nothing
And yet they are all infinitely precious

*

Be a good goldsmith of your life: make it a jewel, develop a golden life thumb.

*

Work on your internal life and express your happiness externally. Work on your external life and enrich it with your internal life.

*

People often say to me with a tinge of preoccupation: "Take good care of yourself. We need you so much." This is the apex of my life: to be needed by others, to be of service, to see others worried that I might die. What greater award and satisfaction can anyone ever earn?

*

The Lord is always with me, in my home, in my heart, in my travels, in my thoughts, in my books, in my speeches, in my office, in my workshop, in my dreams and in my sleep. He has been the most faithful companion of my life. He never failed me with His advice, consolation and inspiration.

*

Never get weary of giving and you will never cease receiving.

*

Anything else than pleasing God and the universe is of little value. If we do something that pleases God and the universe we are doing a great thing.

*

We must start learning to love the most sacred entity of all: humanity.

*

Love is to think what good we can do and what happiness we can give.

*

To those who see this world as part of God's Creation, death will come naturally and gently.

*

I am as great as the thoughts I conceive
I am as great as the universe I perceive
I am as great as the love of my heart
I am as great as the God in my soul.

*

Illusion is probably the most commonly needed and shared human characteristic. For example, we live as if we were immortal. And why not?

*

The degree of non-management or mismanagement of this planet is truly insane. For example, as a result of climatic changes, the whole continent of Africa might become a disaster area. And yet the African countries do not even have the resources to maintain the necessary meteorological services left by the former colonial powers. The resources of the rich countries in the meantime go to armaments which endanger the whole planet. And who, except the UN, denounces such mismanagement and tries to get it corrected?

*

If a team from outer space visited our planet, they would undoubtedly conclude that this is one of the worst managed planets in the universe. They would give us an F, failure. And indeed, a neutral observer, not programmed by our earthly ideological, national and other wrong values, can only conclude that this is not a way of running a planet.

*

Our only excuse for managing so irresponsibly our home the Earth is that this is all so new, that we have never done it before. But governments cannot shirk their responsibilities and doing irreparable damage to

our globe. Governments should think how they will be judged by future historians and generations. They might not look as great as they think they are today.

*

My cousin Marthe had eight heart attacks. Her reaction each time was: "I won't let the devil take me!"

*

Love is above all the willful decision to experience the beauty of our immediate environment, of the Earth, the skies, the stars, the waters, the plants, the animals, the people, the universe and God. Love is the most powerful ingredient of the will for life.

*

Truth goes far beyond the so-called 'immutable' facts of the natural sciences: it is the ability to experience the wholeness of life and time, and to see our right place in Creation.

*

My dog does not write, speak, read or play music, and yet he is a very happy dog, very alive, very fulfilled.

*

With our help, a day will come when all humanity will live, feel and work together as beautifully and harmoniously as when we sing and celebrate together in a cathedral. Our miraculous planet Earth is a cathedral, perhaps a unique paradise in the universe.

*

When God looks upon the Earth, He must say: "What a tremendous success I have achieved: among the infinite forms of energy, voids and matter, I have at long last produced life on that little globe peacefully twirling in the universe. I hope that humans will succeed, that they will not destroy themselves, that they will administer well this living body as the true miracle it is and make it even a greater miracle.

*

Given the constant beating we are giving to our body, nerves, heart, mind and spirit, it appears that a human being is the incarnation of a tremendous, renewable cosmic force: the will for life. The cosmos must be trying to achieve something very special through the human race. Our responsibilities may reach far beyond anything we have ever dreamt heretofore and which was understood only by the great religious seers and prophets.

*

I consider every moment of my life precious, divine, wonderful.

*

When it comes to peace, justice, love, honesty and all that is good for the human race on this god-given planet, never give up, never give up, never give up.

*

The greatest achievement in life is to live in constant communion with God, the Father in Heaven. Then one becomes like Christ, a cosmic being, a son, a daughter, an earthly incarnation of God. Then everything is clear and falls into place.

*

What is really expected of us is to become total, cosmic, divine, very special beings of the universe.

*

How beautiful it is to be alive and able to say: I am a citizen of this planet, I am a divine, miraculous being of the universe.

*

Life is divine. Das Leben ist göttlich. I wish this exclamation of mine as a child were translated in all languages and displayed in every school on Earth.

*

To students of political science: forget completely about any textbooks ever written, any systems ever devised, any ideologies ever constructed, for none of their authors knew the entirely new, planetary, global and scientific conditions of today. You will have to write the new textbooks, devise the new systems and construct the new ideology needed for our time. Old ideas will only confuse and blind you.

*

May you live with light, love, goodness and beauty every hour, every day, every week, every month, every year of your life.

*

What an empty universe it would be without God, without a purpose!

*

What is more important, life or your nationality? If you take away my passport, I will still have my precious life. If you take away my life, you can throw away my passport. Hence my life and that of all humans is more important than nationality.

*

The great Greek orator Demosthenes copied many times the History of Thucydides in order to perfect his style. Do the same, copying the author you like and you will write like him.

*

There exists a foolproof system to acquire the style of any great author on Earth in any language: copy every day for at least six months, very slowly during at least ten minutes ten lines from the works of that author. After six months you will write exactly like him. I have done it during my own life for French, German, English and Spanish. Later, when I had reached wisdom and confidence, I developed my own style.

*

The wise Athenian legislator Solon devoted his remaining years to culture and poetry. I intend to devote mine, God willing, to wisdom and philosophy, concluding from my life, telling stories and transmitting the wisdom I have acquired. I will try to be a useful, happy long lived man.

*

The beauty, culture and sharing of hearts and minds that occurs in the United Nations on a day-to-day basis is astounding and should not be measured on the yardstick of instantaneous results, as some would want.

*

Begin everything with love. Begin with the heart. God should have placed the heart in the head. It is up to us to do it now to help our further, successful evolution and ascent.

*

Our first and foremost experience of God is in the beauty and glory, the brilliance and infinity of His Creation.

*

Always select the *via positiva* of the monks, the positive way.

*

Optimism and pessimism are formed of imagining, of thinking. The image, the thought is the first step towards a new reality. The Greeks held that all reality

was the product of thought. In Hawaiian language Hana, action means 'movement following a thought'.

*

The love of country has succeeded to bind people at the national level. Our next great historical task is to develop love among all Earth inhabitants, and for the Earth.

*

The world steps aside when a person comes who knows his way. Please dear reader, know and cultivate yours.

*

We want change but we do not want to change our values and minds. And yet we cannot obtain change without changing our values and minds.

*

I will shout to the stars and work until my last breath: let us make a paradise of this beautiful planet.

*

We must act spiritually
Think spiritually
Love spiritually

*

All I can say is this: I tried to be as little negative and as much positive as I could during my life.

*

Seen from the universe, we are all one family and one Earth. From outer space astronauts did not see any borders and countries.

*

An Alsatian schoolboy visiting the United Nations asked me: “Why doesn’t the UN abolish all borders as we did in Europe?” Out of the mouth of children comes the truth.

*

Happiness is the test of being a successful, marvelous, cosmic unit. World happiness will be the test of our Earth being a successful cosmic paradise.

*

Peace and non-violence are the most fundamental stepping stones to our cosmic success, to becoming a paradise. Whoever breaks the peace commits a cosmic crime. Any child knows that from Star Wars. Jesus said it too!

*

Why should anyone advertise the normal state of health, marvelous functioning and self-healing capacity of the human body? It does not bring in money!

Why should anyone advertise fresh air and fresh water? They do not sell. Not yet!

Why should anyone advertise inner life and happiness? They do not sell.

Why should anyone advertise the heavens, the stars

and God? They do not sell.

But beware. All these free goods are beginning to be packaged and sold to you.

*

The negativism and unhappiness of human society is organized on a colossal scale by those who benefit from them.

*

Sickness is stressed over health by the medical and pharmaceutical professions.

Bad news are stressed over good news by journalists and the media.

Problems are stressed over happy states by politicians.

Obsolescence is stressed over durability by producers.

True modern freedom and happiness is to escape from these bondages. Except for the essentials

escape from the doctors and pharmacies

escape from the media

escape from the politicians

escape from the waste-makers

*

Are you unhappy about society? Well, concentrate instead on one of your treasures:

you are alive

you are healthy

you are young

you have a family

you have a good mind
you have enough to eat
you have a good shelter
you can see the sun and the stars above you
you can talk to God and He answers you
Things are not as bad as you thought.

*

Youth cannot tell us that there is nothing left to do on this planet. The biggest objectives are still to be achieved: peace, justice, development, human rights, our harmony with nature, human unity, the preservation of the past, the preparation of the future, our harmony with the heavens and God, to make the Earth a paradise of happiness.

*

Being a cell of humanity, of this Earth and of the universe, I can contribute to the success of humanity, of this planet and of the universe by being positive, loving, peaceful and just, i.e. by fulfilling my divine, given cosmic nature.

*

Our poor universe is seeking success too: after having at long last produced the right planet with advanced life forms, it would like the most advanced of the living species on this planet to make it a showcase, a success story of the universe, a paradise. That will be our next task for our further evolution.

*

I wish happiness to all those I love
I wish happiness to all humans
I wish happiness to this divine planet
I wish happiness to God and to the universe
What an extraordinary universe we live in!

*

Human history so far has been the history of a primitive race. Only now, with planet-wide knowledge and consciousness, have we entered the real challenge to our species: the good management of our Earth, the global age, the planetary age, the achievement of paradise Earth. The real history of the world is only beginning now!

*

Our global history started in the 1970's with the UN's first world conferences on outer space, population, the environment, water, energy, habitat, the deserts, the seas and oceans, the children, youth, women, the aging, the handicapped, etc. All this work will have very long-term effects.

*

Do not only be men-pleasers. Be God-pleasers. Seek the highest, most elevated, most total ideal recognition.

*

In all things, try to please God. Reference to God is the surest way to become a serene, just, happy, fulfilled person.

*

God is the image we have of our own still unachieved perfection. Reference to Him is therefore the yardstick and way to perfection, both individual and collective.

*

Each human person should practice four optimisms:

optimism of thought (intelligence)

optimism of heart (love)

optimism of action (activism)

optimism of soul (spirituality)

As a result, all our vital forces will be mobilized and a successful life will ensue. Since we live, why not try to live fully in every respect, to the highest, fullest ideals?

*

Never be negative in intention

Never be negative in thoughts

Never be negative in ideas

Never be negative in words

Never be negative in action

*

Do not destroy or diminish anyone or anything.

*

The word foreigner should be abolished from the languages of the world. We are all Earth inhabitants, not foreigners. Young people sometimes call foreigners 'internationals'. That is already a progress.

*

Think with your heart

See with your heart

Hear with your heart

Feel with your heart

Act with your heart

Speak with your heart

For love is the highest, most powerful, durable human capacity.

*

Kepler was right when he studied astronomy and astrology to find the laws of the universe which should regulate our conduct on Earth. Cosmology is trying to do that today.

*

It is difficult to understand that people should still be seeking national glory when nations have become so numerous and many so small. Only global, world glory is worth being sought in our time.

*

Someday humans will realize that the United Nations is one of the greatest biological phenomena of all times, a true turning point in our planet's and human evolution.

*

The UN is the greatest human service organization on Earth, and by being that it is an instrument of God. To work for the UN is a true Ministry. Many UN servants are saints.

*

Suppose we both possess the same thing. You consider what you have to be worth little and I consider what I have to be great. Who is the happiest of us two?

*

Be an artist of your life: make it a work of art of which you can be proud, as artists are with their paintings, sculptures, music or writings. As a matter of fact, art and writing will follow, for you will want to express and preserve your life in a durable form.

*

Writing and art are preserved life, a form of duration, of eternity.

*

I am sad that my life and work for the world will soon come to an end

I am sad that I will return to the Earth

I am sad at God for not having made me eternal on this beautiful planet,

But perhaps He did

Perhaps we are part of an unceasing change of worlds

Perhaps my life and work will not die

Perhaps my matter will be reborn in other forms of life

Perhaps I am part of the whole universe and eternity, for ever and ever

*

Often in the evening of warm days, I lay down on the grass of my God-given land, I look at the sky and I say

to myself: all this belongs to me! Half of the infinite firmament belongs to me! I just cannot believe it.

*

Cast away any bad thoughts or sentiments from your mind, soul and heart. Do not let them germinate and take root. The longer you wait the more difficult they will be to uproot.

*

If Epictetus, a lame slave, was able to expound his beautiful golden sayings, how could I not do it, a healthy and well-off being? The question no longer is what do I expect from life? It is: what good can I do in return for life?

*

Retirement is the grand pay-off period. What a joy it can be to repay life and society for all they gave us!

*

I would like to see these sentences displayed in all schools of Earth:

“We die on the day our lives cease to be illuminated by a wonder beyond all reason.”

Dag Hammarskjöld.

“The tragedy of life is not death, but what we let die inside of us while we live.”

- Norman Cousins

*

It is the natural and perennial role of parents to teach, to warn, to protect, to guide, to help, to prepare, to 'raise' their children. Children, for their part, have their own predispositions, nature, dreams and likings. The result will be blending of the two, of the past, the present and the future. And thus humanity proceeds on its evolutionary path, epitomized and molded in each of the Earth's hundreds of millions of families. The family is the first and greatest school of love, peace and happiness on Earth. As for all other human groups, there should be no confrontation, no conflict, no breakage of the family, only give and take, understanding, love and cooperation. For these are the ways of ascent of humanity.

*

If, as is the case, everything on this planet is a coagulation or form of cosmic forces, then we might as well have an immense respect for everything we see, including ourselves. A grain of dust, a flower, a drop of water are not just anything. They are stupendous miracles demanding our astonishment. And more astonishing of all are humans who through enquiry, questioning and reasoning are ever expanding their knowledge of planet Earth and of the universe.

*

Don't be black or white before being human
Don't be a Catholic, Muslim or a Jew before being human

Don't be American or Russian before being human
Don't be European or Asian before being human
Don't be communist or capitalist before being human
At long last for the first time in history to be human
comes first.

*

Our lives resemble those of trees: heavy winds and
tempests make us stronger and dig our roots deeper.
We must gain strength from every gust of adversity.

*

Take a large city like New York or take the entire world.
If in the immense mass of people one human being or
cosmos, held erect by the will to live, suddenly lets
go, don't you think that he will go under? The will to
stay erect, to live and to be fully one's self is the single,
most important force available to us.

*

The world always needs and produces fighters for the
'underdog' I was born a fighter for the planet, for
humanity and for the individual underdogs of nations.
The power of nations is totally out of proportion with
the natural hierarchy of values of a planet.

*

Nature all around us is so beautiful, a real magic, a
true palace. And what is behind it is probably even
more beautiful. It is that transcendent beauty and
meaning which we must seek at this stage of our

evolution. And for that purpose we must settle our earthly problems and differences quickly for we are losing much precious time.

*

Think what beatings your body has taken during your life and you will be astonished that you are still alive and well. Your body is indeed an incredible, faithful, hard worker, a true miracle. Take good care of him.

*

All I think, all I feel, all I say, all I do must help and not hinder God's great design for this magnificent Earth and miraculous human race.

*

The human species is evolving over time from primitive stages of life to ever more advanced forms. It would be more proper for us to speak of 'evolution' from the past and 'advolution' to the future.

*

If the world's waters and rivers were suddenly filled with carbonated air, there would be an outcry of the people. And yet the same people instead of pure water fill themselves with carbonated, sugared so-called 'soft drinks' like Coca Cola and so many others! Perhaps someday the merchants will also sell pure water as a 'decarbonated' drink!

*

If the world's waters became suddenly alcohol, it would be considered a catastrophe. And yet you can see half of humanity sitting at tables and drinking alcohol (from the Arabic word Al Kohol, the Devil) with cheerful, unconcerned faces.

*

We unanimously want pure air. And yet a great part of humanity is filling its lungs and our air with the smoke of a cancerous herb, tobacco. My basic human right to pure air is violated by anyone who smokes.

*

If you work for the world, do not expect to be applauded by nations. But you can expect the beginning of a recognition and love from the people.

*

What miracle, what good actions have you done today?

*

We always expect a lot from life. But isn't life also expecting a lot from us? Mustn't we be of service to life, to our miraculous Mother Earth who gave birth to all of us?

*

Memories are a second chance at happiness.

*

I write only what I love. What happens to the fruit is not of concern to the tree.

*

As we pray to God, so shall we receive.

*

I have married the three most beautiful works of art in the universe: planet Earth, humanity and my wife.

*

With retirement I disappear from a given structure: a business, an administration, an institution, in which I had a role, a power, an influence, an activity. In retirement I can seek other structures: a new activity, clubs, associations, teaching, humanitarian causes. In my retirement, I seek to integrate myself into the vastest structure of all: the world, humanity, the universe, time, and to do good.

*

Do not seek fame or glory, let them come to you. What you are, what you do, what you think, what you say, what you write, will speak for you. You will never be more than a vine which produces a fruit or remains infertile. If the fruit is good, people will say: this vine is good and they will love you.

*

Read only good books, inspiring books, non-depressing books. Do not waste money on prefabricated best-sellers. Read a few pages of them before disbursing your money. Know that they are not supposed to last, since your money will be solicited almost immediately for the next one. Seek books which you will keep and

read time and again for your happiness, enrichment and life fulfillment.

*

Forget anything that is bad, be it past, present or future. It only poisons your life. Or consider what is bad with sympathy, look it right in the face and seek the good you can derive from it.

*

By what kind of strange aberration has 'political', i.e. the 'administration of the city', 'of the nation' become synonymous with 'selfish', 'glory', 'power', 'enrichment', 'influence', 'games', 'untruths', 'combinations', 'bargaining', 'compromise', 'favoritism', 'bureaucracy', etc. when it should be associated with what is best in the service of people: compassion, honor, humility, wisdom, understanding, honesty, integrity, frugality and above all love and beauty.

*

Politicians like religious hierarchies often obscure and betray the original intentions of the founders. The latter, therefore, retain their glory and the love of the people, whereas the politicians and bureaucrats fall into oblivion.

*

I am happy with my past, my present and my future. All three are miraculous building blocks of my beloved, wonderful life.

*

Sometimes I say to my secretary or my wife after a speech: "It was fascinating! I learned so much, listening to myself!" These enlightenments often come to us when we try to explain something important to our human brethren and sisters; out of our life exuberance and experience a new thought is born. When it happens I can almost 'see' it. My captivated mind says delightfully to itself: "here is a new, important, beautiful thought which I never had before." And I am happy for having spoken, because I was enriched.

*

My life or cosmic consciousness may be temporary. But human life being a part of humanity can make us eternal. My contribution to humanity is therefore the highest form of living. Humanity knows that: the greater the contribution, the greater and more lasting the human recognition and glory.

*

Relax as much as you can. A man like Albert Schweitzer who lived happily to a very advanced age, always let his arms and hands hang down in a totally relaxed fashion. Do that and you will feel your entire body relaxed. Relaxation is another word for peace and happiness.

*

Most of your life will depend on how you 'see' things. If you see them in a hopeful, happy way,

your life will be bright and happy. If you see them in gray, your life will be sad and gray.

*

Weed your life carefully of all bad seeds and plants. If not, they will grow, proliferate and smother the good ones.

*

I am a center of the universe, a conscious cell of it. Therefore I can understand and feel the universe and love it. It is great. And great is its Creator.

*

We owe it to the general health of humanity to be sick only of real illnesses and not of sicknesses of affluence, boredom and imagination. We cannot complain about the sad state of the world if we contribute to it. We must bring to it our health, joy, ideas, dreams, actions, determinations and inspiration.

*

Wisdom is learning how to live in harmony with the heavens, with the world, with humanity, with our family and with ourselves.

*

My physical body may be less efficient and less beautiful in old age. But God has given me an enormous compensation: my mind is richer, my soul is broader and my wisdom is at a peak. I am so happy with the riches of my advanced, peak age that, contrary to Faust, I would not wish to return to youth.

*

Do not punish anyone or anything. Leave punishment to God.

*

Our planet is but a cell of the body of God and of the universe. But what a cell! I and you might be fantastic, miraculous, perhaps unique cells of it.

*

Why not accept infinity and eternity as the basic nature of the universe and consider ourselves as infinite and eternal for being part of it? Perhaps our limited hypotheses of mortality and finiteness which we held for so long are wrong.

*

Only one belief can put an end to all anxieties on this planet: the belief in the perfectibility of the human race.

*

There is no greater learning process than to teach.

*

Sometimes I just cannot believe my luck of being alive! And when I think that someday I will be dead, I feel terrible! This is the best proof to me that to be alive is quite something!

*

Happiness chases unhappiness as light chases obscurity. Therefore switch on the happiness currents in yourself and put a smile on your face. On the mirrors of our home my beloved wife has affixed little messages 'smile'!

*

Watch your language: bad vocabulary engenders bad thoughts which engender bad actions. Good vocabulary fosters good thoughts and good actions. Your words are both your soul's projections and horses.

*

The mind can contain only one thought at the same time. If it is an unhappy thought, replace it by a good one which will chase the first. This old Hindu recipe never fails.

*

We are a very developed planet scientifically and technologically, but still underdeveloped politically, morally, sentimentally and spiritually. This must be redressed, corrected in the coming age.

*

Get your importances straight:
The body is more important than clothes
The mind is more important than books
Hearing is more important than radio
Seeing is more important than television
Life is more important than anything else
Please act and live accordingly.

*

From the notion of sickness we have at long last passed to the concept of health as the normal condition of a human person. Similarly, we must now pass from the notion of conflict to that of peace as the normal condition of humanity.

*

In a few decades and perhaps even earlier, capitalism and communism will both be past history.

*

Peacemakers perform the most advanced cosmic function. They are the ultimate instruments and fulfillment of the divine nature. This is why in all religions they are considered the highest, the most beloved, the saints, the immortals.

*

In the battle between forces of evil and good on this planet, no one can be neutral.

*

Planet Earth was meant to be a house of worship, peace and happiness and not a gigantic market place, 'robbers den', military camps and nuclear bombs.

*

Our world political system is like a tree with many branches but no roots or with very feeble roots - the United Nations. This must change: the roots must be strengthened, for the roots support the branches and not the branches the roots.

*

There is not one form of happiness: there are myriads of them. Each human being must find his particular form of happiness from his nature, his environment and the vast diversity of society. You might find happiness in God, in a garden, in a workshop, in a

laboratory, in service to others, in the present, in the past or in the future.

*

Whatever your profession is, if it works for the good of humanity, love it with fascination or enthusiasm, and you will reap untold happiness.

*

If someone calls you naive, you are on the right track. For simplicity is in reality a cleansing of all the wrong concepts and values artificially put into you by the tenants of power and wealth. If you tell *your* truth and beliefs you are called naive in order to make you irrelevant, ineffective.

*

Purity, honesty and truth are the most powerful agents against impurity, dishonesty and untruth. The duty of good people is to be always on the positive, progressive side of life. The worst thing they can do is to let the other side have its way.

*

Like a wanderer in nature
love the road of your life
there is so much beauty to see
so much music to hear
so many flowers to smell
so many thoughts to be thought
so much love to be had
so much divinity to be felt.

*

I cannot feel and repeat it enough: life is divine, life is an extraordinary, incredible, miraculous phenomenon, our most precious gift.

*

I don't have to dream of the return of the Father. I am already and always with Him.

*

Lead a life of
voluntary simplicity
voluntary health
voluntary ecology
voluntary peace
voluntary kindness
voluntary love
voluntary happiness

Everything you would like others to be
be it yourself

Day after day let your life be an inspiration to others.

*

Do not let grass grow on the path of your happiness.
Use that path as often as you can.

*

Fight drugs, alcohol, smoking and pornography wherever you find them, for they diminish life under the satanic pretense of enhancing it. The Arabs were right to call liquor Al Kohol, the Devil and to condemn and prohibit its use. It is one of their great contributions to humanity.

*

Only the unity of all can bring the well-being of all.

*

We must grow a global brain, a global heart and a global soul to humanity. That is our most pressing, current evolutionary task.

*

Life is nothing less than the universe become conscious of itself. It is one of the most advanced forms of evolution in time. Hence the immense respect we must have for it.

*

Thou shall not kill and not be killed, not even in the name of a nation, a religion or God.

*

You have eyes to see. Use them to the full.
You have ears to hear. Use them to the full.
You have hands to create. Use them to the full.
You have a brain to think. Use it to the full.
You have a heart to love. Use it to the full.
You have a soul to feel. Use it to the full.
You have a life to live. Live it to the full.
Be your body fully
Be your head fully
Be your heart fully
Be your soul fully
Be your self fully

*

Life is a stupendous embodiment, incarnation, vortex of divine, cosmic forces.

*

To young inspired speakers who produce unexpected beautiful speeches, thoughts and sentences, I say: “always carry a notebook or tape recorder with you, record your speeches and thoughts and keep the tapes precious. They will be a harvest of gold.”

*

When I was a child, I spoke like a child
When I was an adult, I no longer spoke like a child
When I became old and wise, I spoke again like a child
I wish I had spoken all my life like a child.

*

And now begins the apprenticeship of the end. If there is an end!

*

Joy is still the best attitude towards life. I do not know any better one.

*

Where there is despair, is there a remedy? Yes. Turn to God and everything, even death, will fall into place.

*

You have no idea what great things you can achieve, once you throw yourself entirely in the hand of God.

*

Get up and walk. Don't say: I can't.

*

Open your heart. That is where your genius is.

*

At any time, day after day, day and night be always ready for your greatness.

*

Exercise your love. Learn to love. Love to love. Become an Earth and peoples lover.

*

Do not deprive God of your collaboration in It's gigantic task for this Earth.

*

The time must absolutely come when the world will spend on peace what it now spends on arms and wars.

*

The goodness of the world is the sum-total of the goodness of its people.

*

Always feel in yourself the untold greatness of being alive, the miracle you are.

*

If every human being used fully his capacities, he would be a genius.

*

No country is the last corner of Earth, because the Earth is round and has no corners.

*

I am happy when I work, because thus I can serve. I am happy when I do not work, because then I can think, write, meditate and thus also serve.

*

Governments change but the people remain the same.

*

The dream to understand our place in the universe breaks through all barriers. It binds the people together. Hence the need for a global philosophy and spirituality.

*

Human nature can sublimate itself to the most credible heights and debase itself to the most horrible depths. Since our eviction from paradise, the choice is always ours. Why not try to re-establish Paradise Earth?

*

Asked “what do you want to be when you are a grownup?” a little girl answered: “to be alive.”

*

Peace cannot be taken in isolation: hunger, oppression, injustice, unemployment, lack of meaning are all causes of conflict. To work on those causes is therefore to work for peace.

*

Garcia Lorca wrote: “Why should we work at all, why should we write at all in a world where one wants to shout all the time: ‘I protest, I protest, I protest.’”

My answer: because it is a way to protest.

*

What the world needs most is openness:

Open hearts

Open doors

Open eyes

Open minds

Open ears

Open souls

Such openness can be extended through will and exercise (East) and through science and technology (West).

*

We must never cease to be the Planet of Hope.

*

Peace is not only the absence of war: it is a human virtue and morality open to all human beings.

*

You who have been admitted to the miracle of life, never lose hope.

*

We must say yes to life, always, unreservedly and joyfully.

*

By being a microcosm of the universe and of eternity, of our globe and of humanity, each individual has the power to encompass the universe, eternity, our globe and humanity. Those who know this simple law are labeled saints and geniuses. But in reality they are what everyone can and should be easily.

*

To be a true human being means first and foremost to be a member of the human race. Alas, narrow national education prevents most people from being true human world, global beings.

*

If the Son of God returned to Earth, would He find much faith today? Would He find your faith? At least faith in life?

*

Cultivate your being. It will give you immortal harvest.

*

Become a master of life.

*

The dream to understand our place in the universe breaks all barriers. It binds all people together.

*

Open yourself to God always. He will tell you what is best for you.

*

All we think, all we feel, all we say, all we do must help and not hinder God's great design for this Earth and for our cosmic destiny. We are important cosmic elements in a tremendous cosmic experiment.

*

Use stubbornly your capacities to the full, pray God and you might become a genius or a saint.

*

It is easy to become a hero or a genius: see yourself always as part of the total universe, of the total planet, of total humanity and of eternity. Then you will see your exact place and role in the great design of God.

*

Why do I live? That is the question. To love, to be immeasurably happy and to please God. That is my answer. What is yours?

*

Let us make life on this planet a great feast of God in the universe.

*

We must be angels in the sun.

*

To give plenty and to receive plenty,
Altruism and receptivity
have been two blessings of my life.

*

My life is divine. Period.
My life is a miracle. Period.
My life is incredible. Period.

*

I have tried to give a rational view of what life can be on this wonderful planet. I have given also my subjective view, my own life as an example. And I have tried to chant and proclaim it all as beautifully and as loudly as I can.

*

I want my life to be a hymn to the Creator.

*

In my heart there is this burning prayer: O people hear me, for I want to tell you how great Creation is and how miraculous our lives are.

*

My life is but an episode of episodes. It is my duty to make it a perfect episode. I must be a well-functioning, admirable cell in the cosmic whole.

*

Having found it myself, I would like to help others to see the unlimited beauty and meaning of the incredible gift of life.

*

O God, help me to see only the good on this planet and by loving, worshiping and expanding the good to help diminish evil.

*

How lonely I was in deriving a synthesis of all knowledge from my many years of work at the United Nations! May it at least benefit and inspire others. O God, give me a few more years and inspired followers, so that all will not have been in vain.

*

I had a dream in which I was presented a page full of ideas to make it a better world. I could choose only one. I became desperate, for I could not make up my

mind. At dawn, when I woke up the answer came clearly. It was: every person on Earth must create Paradise Earth.

*

I will never cease to be astonished and impassioned by the incredible miracle of life.

*

We must all be world teachers, miracle makers, gardeners of Paradise Earth.

*

A genius is never proud and erect. He is always on his knees, in full admiration for the greatness of the universe. His understanding, his feelings, his ecstasy for the miracle of Creation are his genius. He is in full fusion with the universe. To those who understand, feel and admire less, he appears as a genius. But in reality he is the normal, living being which all humans should and can be.

*

How can we be united with the universe, with eternity, with God, if not through an immense act of faith, of elevation, of love? Sursum corda. Lift your hearts.

*

I get out of the way of evil, bureaucracy, ugliness and all that is bad and negative on our planet. As a result, they ignore me too. What would happen if billions of people would follow my example?

*

I would like to be given another life, just to paint. I would paint golden works to glorify the greatness and beauty of Creation. Golden writings. Golden paintings. Yes, if someday my works should be published as a collection, I would like to have them called: *The Golden Writings of Robert Muller*.

*

The sand of my life is running out. Is it white, black or golden sand?

*

Ours is a century of material and scientific faith. It must be followed by a century of faith in humaneness and spirituality.

*

Ours is *not* the age of reason. How could it be with its atomic bombs, its conflicts, its hatred, its poverty, its numerous dying children, its hungry, its innumerable unneeded and unemployed? It should be rather called the century of dismay and blemishes.

*

The greatest benefactors of humanity are not those who give money to museums or universities, but those who give help, hope and happiness to people (HHH).

*

It took me a long time to put my knowledge in good order and to deprogram myself of all false beliefs and values. I discovered the basic truths only at the age of

sixty! Thank You, O God, for having allowed me to live that long.

*

Basically the factors of subversion, propaganda, untruths and inclinations to dominate the world are limited in our epoch to two gigantic countries: the USSR and the US. This is progress over the preceding period, but it is still enough to create untold misery and havoc. The responsibility for the current world insanity and political chaos rests heavily on these two countries. They will be judged harshly by the historians of our planetary evolution. (2003: the USSR gave up. Thanks be to God.)

*

If every person on Earth takes peace and non-violence as his/her priority, there will be peace on this beautiful planet.

*

Why do I love so much the United Nations? Because the UN works for peace. And why do I love so much peace? Because it is only in peace that human beings can find their fulfillment and happiness.

*

The search for happiness is common to all humans. Only when happiness will replace business as the priority item on the agenda of world affairs, will we be on the right path.

*

I see the beauty of our planet in so many forms. I like to see it especially in the form of magnificent mountains, rivers, seashores and Paradise Parks.

*

The sacredness of life must become the supreme law on this planet. No human being should ever be killed by another human being or by society. The death penalty must be abolished world-wide. So must be military killings.

*

Human peace and happiness and the preservation of the Earth must be the world's new primary ideology. The words capitalism and communism were not even in the dictionaries 100 years ago. They must be scrapped, for they have outlived their usefulness and through their perpetuation have become dangers to the world. There must now be a vast, world-wide discussion on how to achieve the peace and happiness of all Earth inhabitants. What is good in capitalism, in communism and in other systems or cultures should be retained.

*

If anyone decided to create an Institute for the comparative study of communism and capitalism, both would scream:

“But this is impossible! We have the perfect truth. If everybody follows us we will achieve peace and

happiness on Earth.” Of course. All the religions said the same and then killed each other for centuries in the name of their God or infallible truth. At this period of human evolution, we must reject and outgrow such naiveté. The management of this Earth and of billions of people is infinitely more complex than the theorists of liberalism and socialism could have ever dreamt 100 years ago. They would be the first to scrap their theories if they returned to life.

*

The beauty of this planet is so great that it is the duty of its inhabitants to keep themselves beautiful in body and in dress in order to revere, celebrate and increase that beauty.

*

There is nothing more beautiful than a beautiful person in a beautiful landscape or in a great human site. Model photographers, cigarette, alcohol and soft drink advertisers have understood that.

*

It is scary to think of death. But if one thinks of one's life as a service, as a contribution to human ascent and evolution, as part of the flow of the mysterious universe, then death is only a transformation, a change of being.

*

Life is not a right. Life is a privilege and a great duty to the universe.

*

We live on a miraculous planet in the vast universe. We are endowed with many life forms, with matter become alive and conscious of the planet and of the universe. Does this not mean that our first and foremost duty and thinking is towards the universe and God?

*

Dear children and youth, please remember always that: you are your parents' main contribution to evolution and further human ascent; you are their immortality; you are their greatest work of art and joy; you will be their last thought and pride at their moment of death. You must think of the chain of life from which you come and will continue on this miraculous planet in the vast solar system. Your parents are sacred and so are you.

*

Put a lot of God and divinity into everything you do.

*

To be what you are and to die what you are, that is your main challenge.

*

My duty is to God, to the universe, to the Earth, to humanity, to my family, to myself and to no one else.

*

I was meant to be a world servant and I will die a world servant. Thus the will of God will be done. What more could I ask for? To be a universe servant?

*

My duty is not to the United Nations, but to what the United Nations stands for: humanity and planet Earth.

*

Old age is the time of meditation, of conclusion and wisdom, of story-telling and sharing advice with the little ones and youth as one climbs the last hill of life.

*

I will belong to the world and work for the world until my agony, until my last breath. This I swear to God.

*

The spirit of life, the breath of the oxygen of life - spirituality has left the arteries of the world. Humanity needs spiritual healing, fresh air, new spiritual flows into it.

*

We are too Earth-bound, not enough heaven-bound. If we continue this way, we will return to the condition of animals who never look at the stars and to the heavens.

*

A school without God? What a poor carcass that is!

*

What the United Nations needs most, what your world servants need most are your prayers and your faith.

*

The United Nations is a terribly insufficient and terribly important organization.

*

May your life be a beautiful work of art. Work at it always. Make it your priority. Repeat to yourself: I have made my life a work of art.

*

The beauty and purity of this planet requires our own beauty and purity of body, mind, heart and soul.

*

What a beautiful pledge the youth of Sweden has made to International Youth Year: to be a non-smoking generation. It follows the good example of Swedish toy manufacturers not to produce any more war and violence toys.

*

How can anyone walk badly dressed on such a beautiful planet? Local dresses, local music, local folklore, local architecture, local art enhance the beauty, richness and diversity of our miraculous, God-given planet.

*

I cannot repeat it enough: the human person has been created to feel and serve the greatness of the universe and of infinity, i.e. to fulfill the will of God.

*

I felt great only from the moment when I diminished my I and emptied me of myself. Then the whole world and the universe streamed into me.

*

When I became a world servant I became a friend of the world. The world then loved me and I was no longer a mere servant.

*

Lower the dams of your ego and the floods of divine spirit will enter you and give you immeasurable bliss. Your life will become an endless joy and source of miracles. It cannot be otherwise: you have let enter the spirit of life which will do its evolutionary cosmic work through you as an instrument. This is why you were given life in the first place.

*

If you love life, then everything will fall into place. Love is the touchstone of right priorities and values, the opening gate to the cosmic forces.

*

Enthusiasm: God (theos) in yourself, i.e. by God possessed. Enthusiasm for life: God incarnated in you and doing His miracles through you.

*

When I was a child, to describe my love and enthusiasm for life, I used the biggest adjective I could find: I called life 'göttlich, i.e. divine. I never found a better one.

*

Care well for the garden of your life, that precious, wonderful little garden on a planet floating in the vast universe, destined to become Paradise Earth, a model to all other planets.

*

The government of a great country announced the creation of a panel to prevent nuclear terrorism by individuals against cities and civilian populations. This is a strange decision by a country which holds practically every city on Earth under its nuclear threat. Should one not call such countries ‘nuclear terrorists’? This reminds me of this famous passage in St. Augustine’s City of God: When Alexander the Great asked a captured pirate what he meant by infesting the sea, the pirate boldly answered: “and what do you mean by warring on the whole world? I do my fighting on a tiny ship, and they call me a pirate; you do yours with a large fleet, and they call you a commander.”

*

If we eradicate all evil from Earth, we will become a paradise in the universe. Why not recognize that and proclaim peace, well-being and happiness as the main objectives of our human efforts?

*

Paradise Lost was not a good title. *Paradise To Be Gained* would be a better one.

*

If only all people would try to know what their name means, what the name of their village, city and country means. It would teach them so much about the human story.

*

I would like to see a world with only beautiful names, like : Curaçao, the Heart; Sri Lanka, the beautiful island; Canada, the land of many villages; France, the land of the free; Pakistan, the land of the pure; Philippines, the country of the horse lovers; Tanganyika, the lake surrounded by trees, etc.

*

How many heads of state know the meaning of the name of their country and capital? Many soldiers are ready to kill and to be killed for a name whose meaning they do not even know.

*

In the United States I lived in Dobbs Ferry (there was a ferry run by a man named Dobbs during the last century) in the Hudson Valley (after the explorer Hudson; but formerly called by the Indians Mahicannituck, the great waters in constant motion), near New York (the new English York in the new world). In France I lived in St. Gix (Holy water, from the Celtic word gix, water), on the chemin de la Vie de Létraz (the via strada of Julius Caesar), near Divonne (the Divine Waters of the Romans). I felt good to know

that. I love to know the history of the places where I live. It enriches me.

*

More recent names of countries, such as the United States and the Union of Soviet Socialist Republics, are not natural, poetic names. The political objective shows in them. What sad, poor names they are compared with names of virtues or nature. Furthermore they want to unite what is below, not what is above. Why not a United World or a World Union instead of states and republics?

*

I hope that someone will write someday a booklet giving the etymologies and meaning of the names of all member countries of the United Nations and of their capitals.

*

This is the last day when I see an old, beautiful, abandoned, sun-drenched villa, half buried in bushes and trees, from the porch of our sub-let apartment of Grand Montfleury (the Great Flowered Hill) in Versoix, Switzerland. It will become an apartment house. What a pity.

*

If you want food for your body, vestments, tools, toys, gadgets, you will find thousands of shops. If you want food for your mind, you will find hundreds of libraries,

schools and universities. If you want food for your soul, you will have churches and temples. But if you want food for your heart, for happiness, for the art of living, you find very little. Our industrial society is still very primitive: the soul and the heart are grossly underserved.

*

O God, how wonderful it will be to be 'retired', (or 'refired'?) in company with my thoughts and dreams, listening to the birds and voices of nature, fully free to do whatever my heart desires!

*

Sometimes I wish there was something greater than words to express the magnificence, the miracle of life and of our planet. That is the role of art, of music. Remembered will be only those who chanted that magnificence. Beethoven, Mozart and other great classics will never be forgotten.

*

Words, those little utterances and capsules with which we try to express our perceptions, feelings and dreams. O God, help us to reach far beyond what we are saying. Isn't it possible to unlock the ultimate mystery, to be one of Your saints? You and we need many of them.

*

There is no greater joy than the birth of a book! What heavenly delight it was to hold in my hands my first

novel, *Sima, mon Amour*, the product of my flesh and blood. Be thanked O God, for your generosity. Your gifts have been beyond belief. Sima, India where I began to write it and our farmhouse in St. Gix (the saintly waters) in France will never die.

*

A little nation with peace and no army is much better off than a big country with great power and dangerous armaments. No one should ever envy power. Great powers always disappear sooner or later, never recover and remain embittered for the rest of their lives about their lost glory.

*

We should give praise to peaceful, disarmed nations and not to the powerful, armed ones. Power is vainglorious, but it is my freedom and the freedom of every person on Earth not to admire it, for that admiration precisely continues to feed power and to make it want endlessly more.

*

It is the same with wealth. Cease to admire the wealthy and they will have much less reason to accumulate wealth. When I see flashy sports cars or expensive limousines, I turn my eyes away. I want the owner to know that I could not care less. Why on Earth should I admire a metallic carcass and its owner?

*

Every kindness you do will add to the stock of human kindness. We should all be boy scouts and girl scouts and do a least one good action a day. Multiplied by 6 billions in 2000 and still more tomorrow what a result that would be!

*

It is a major aberration of our time that governments have been able to foster more sentiment for the artificial nation than for the natural family, for the whole human family and for the Earth. Thus, men are programmed to die for their nation at the expense of the loved ones! How incredible that is!

*

Every human being has stories to tell. Please tell them. They are part of the bloodstream of our cosmic journey, the transmission of our experience and wisdom to our descendants.

*

People are so wrong to dislike what could be their greatest blessings. The descendant of Madame De Stael once said to me: "I admire you for your courage to speak, to defend the United Nations, one of the most unpopular subjects on Earth." Hearing that, I thought that he was wrong towards his famous ancestress. He should be today a defender of the United Nations.

*

I want to be an incantation of the good you stand for,
O God! Always, even after my death.

*

When you have done some good on Earth in the service
of God, don't you feel happy and great?

*

I have harvested a thousandfold the happiness I have
seeded in my speeches, writings and actions. The
multiplier effect of joy and goodness is unbelievable!

*

Get closer to God and you will find Him closer to you.
It is all a question of locating yourself.

*

Evening prayer:

Thank You, O God, for having let me live one more
day, for having let me see so many things, thought so
many thoughts, felt so many feelings. Each day of life
is one of Your incredible, heavenly, meaningful free
gifts. Thank You, O God, I adore You.

*

Continued in *Robert's Golden Sayings - Volume 2*.

For more information about *Robert's Golden Sayings*
and Robert Muller see:

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